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INSTRUCTIONS FOR
PROPER HANDLING OF
STOOL HEMOCCULT ICT SPECIMEN

Dear Patient:

Please read the seven steps shown on the Hemocult ICT patient screening kit.

You have been given three stool Hemocult cards and three wooden sticks. Please be sure to put your name and date on each card. The easiest way to obtain a stool specimen is to put toilet paper, plastic wrap or newspaper in the toilet bowl first so that the stool will stay on top of the water in the bowl. After you have finished defecating, use the wooden stick to access the stool. Smear the stool on the stick onto each of the cards.

It is important that you return these cards promptly within a day of completion of the last stool specimen or the results may be inaccurate. You can either mail these to my office, bring them back yourself, or have them brought by messenger, a friend, family member or a messenger service.

If you happen to see visible blood and are sure that this is blood, specifically if it is bright red, then it is **not** a good time to do the test since it will definitely be positive. If you are not sure if your stool has blood in it, since the color may be dark or possibly maroon, then **definitely do the test**.

It is important to return the specimen promptly since these results have to be interpreted in the context of the blood test results which you have had drawn as well. Delays will unfortunately prolong the interpretation of all tests including blood, stool and possibly even urine.

If you have any questions regarding specimen handling, please call Suzette, the Medical Assistant, at (212) 688-7100 (prompt #6) for clarification.

Thank you.

Sincerely yours,

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